



## **What Does God Say About:**

Sacred Sexuality



*SERIES RESOURCES*



# EVENTS

## **FOUNDATIONS FOR LGBTQ+ CONVERSATIONS**

***WITH PSYCHOLOGIST DR. MARK YARHOUSE***

**Saturday, February 25, 9:00 AM - 12:00 PM @ GP**

**REGISTRATIONS.DB.CHURCH**

As followers of Jesus, it can be so challenging to have LGBTQ+ conversations, let alone have them with our kids. This is why we are bringing in an expert and psychologist, Dr. Mark Yarhouse, to run a workshop for parents and others who are trying to navigate these conversations and relationships. This workshop will explore the concepts of same sex sexuality, gender identity, ministry postures/responses, and of course there will be plenty of time built-in for Q&A. Our hope is that parents will leave feeling equipped to help their kids navigate the areas of gender and sexual identity with an approach of grace and truth.

## **AFTER LIGHTS OUT:**

**A WORKSHOP ON SEXUAL INTIMACY FOR MARRIED COUPLES**

***WITH LICENSED MARRIAGE & FAMILY THERAPIST***

***AND CERTIFIED SEX THERAPIST, JEN RANSIL***

**Saturday, March 18, 8:30 AM - 12:30 PM @ GP**

**REGISTRATIONS.DB.CHURCH**

Sexual intimacy is one of the most often cited sources of conflict in marriage. Yet, it is a topic that most couples are reluctant to talk about and for which they don't have many appropriate opportunities to gain more knowledge.

This workshop will give couples of all ages valuable information and insight that is sure to increase intimacy – regardless of how great, or not so great, you would rate your current circumstances. It will cover sexual styles and how they influence the relationship, life stages and how to navigate the challenges of intimacy in each, understanding male and female sexuality, and, how to address some common issues that inhibit intimacy.

# GROUPS

## **RETHINKING SEXUALITY: GOD'S DESIGN AND WHY IT MATTERS**

Tuesdays, 3/14-5/2, 6:30-8:30 PM @ GP

Must be 18 or older to attend.

**REGISTRATIONS.DB.CHURCH**



Designed for discipleship, small group use, *Rethinking Sexuality, God's Design And Why It Matters* is a study based on the book *Rethinking Sexuality*. While the book goes into much greater depth and will be part of the small group curriculum, this study is a great place to begin healthy discussions around biblical sexuality and offers practical ways to apply God's truth. Going through this study will model and guide you in how to talk about relevant sexual issues and why reclaiming the biblical narrative of sexuality is so critical to reaching the world and equipping God's people.

The content addresses seven paradigm shifts we need to make in order to be equipped to live out and share biblical truth around sexual issues.

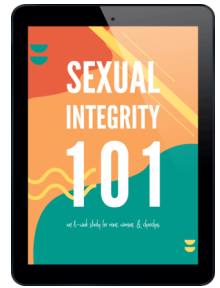
The seven paradigm shifts will cover:

- #1 - Diving into sexual discipleship
- #2 - Every sexual issue is a spiritual issue
- #3 - The Gospel is written within our sexuality
- #4 - We are all sexually broken
- #5 - God invites us on a journey of sexual healing
- #6 - Truth and love must co-exist
- #7 - Change begins with you

## **SEXUAL INTEGRITY: 101**

September 2023 - 9 Weeks  
Must be 18 or older to attend.

Sexual Integrity 101 is an 8-week video training course intended to raise awareness of sexual brokenness and betrayal.



The course is for men, women, pastors, lay leaders, parents and more. It's for anyone who wants to understand the effects of unwanted sexual behaviors and betrayal trauma. The course will show how shame and grace effect the healing process and provide practical tools and strategies that can lead to lasting health. Whether you, a friend or a loved one struggle or have been impacted by sexual brokenness, this group is for you.

## **CONQUER SERIES: THE BATTLE PLAN FOR PURITY**

August 2023 - 12 Weeks  
(Leads into Seven Pillars Group in January 2024)

**For more information, contact:**

**Jim Kuntz at (717) 386-4502 or [jmkuntz71@gmail.com](mailto:jmkuntz71@gmail.com)**



The Conquer Series is a cinematic group study utilizing a powerful teaching series that offers proven strategies and practical tools for men to become a warrior and walk with sexual integrity. The group is designed to be a safe environment where men can contend together, find support and acceptance.

The Conquer Series will address:

- Strongholds that keep men in bondage
- The neurochemistry of sexual addiction
- The weapons and strategies of God
- Proven strategies to prevent relapse
- Practical daily techniques to remain free

What starts as a moral problem, quickly turns into a brain problem. The culture is saturated with a warped view of sexuality, tempting men away from living lives of integrity and authenticity. There is no hope in silence, isolation, or shame. Trying harder is the typical response which usually results in further bondage. Come be a part of a band of brothers who will forge a new path to freedom and become Conquerors!

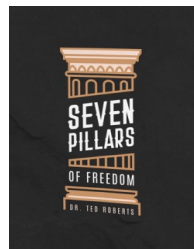
# SEVEN PILLARS OF FREEDOM

January 2024 - 33 Weeks

**For more information, contact:**

**Jim Kuntz at (717) 386-4502**

**or [jmkuntz71@gmail.com](mailto:jmkuntz71@gmail.com)**



Designed for small group use, *Seven Pillars of Freedom* is a study that raises awareness of the self-delusion and denial found among many men who struggle with sex and pornography addiction. Gaining a greater understanding of the addiction process and sexually compulsive patterns, this group experience/study will provide safety, support, and tools needed to establish lifelong healing from the bondage of addiction. The tools in the study workbook create a structure for freedom and provide biblical truth necessary to build on.

The areas addressed are:

- Breaking through denial
- Understanding the nature of addiction
- Surrendering to the process
- Limiting damage
- Establishing sobriety
- The battle is in the mind
- A spiritual growth plan

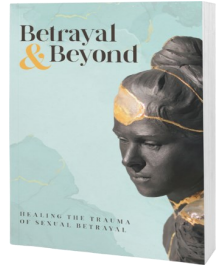
The study journal reinforces a daily commitment to health which is vital to sobriety and spiritual growth. It also implements a weekly goal, an emotional check-in, and an accountability aspect.

Many men who struggle with the effects of sexual addiction feel trapped and are desperate to find a way out. There is no hope in silence, isolation, or shame. Trying harder is the typical response which usually results in further bondage. Come be a part of a band of brothers who will forge a new path to freedom and lifelong healing.

# BETRAYAL & BEYOND: HEALING THE TRAUMA OF SEXUAL BETRAYAL

January 2024 - 33 Weeks

**For more information, contact:  
Gwen Kuntz at (717) 677-7214  
or gmkuntz59@gmail.com**



Designed for small group use, *Betrayal & Beyond* is a study for women whose lives have been shattered and devastated by the trauma of sexual betrayal. Healing from betrayal trauma is a slow process. And, in many ways, it is a journey of self-discovery. With a perspective on trauma treatment, *Betrayal & Beyond* takes a partner-sensitive approach to healing from the effects of sexual betrayal.

Areas addressed through the study workbook and journal are:

- What just happened to me
- Why do I feel and behave the way I do
- What does my healing journey look like
- How do I keep myself safe and sane while he works his recovery
- Why does he do this – understanding the nature of sexual compulsive behavior
- What is the role of full disclosure, intensives and counseling
- What if he doesn't choose recovery or I can't move forward
- What is forgiveness and reconciliation – when will I be able to trust again
- God's promise of redemption is for me – even if I can't see it now

While this is a journey no woman ever anticipates, it will equip her to take ownership of her healing and empower her to discover the life God has for her. The journey is not an easy one and requires great courage. It requires leaving behind the status quo, facing the challenge ahead, accepting support from others who understand the challenge, and striving toward the beauty that lies ahead. You are not alone!

# FURTHER READING

## **“RETHINKING SEXUALITY: GOD’S DESIGN AND WHY IT MATTERS” BY JULI SLATTERY**

Sexual abuse, sex addiction, gender confusion, brokenness, and shame plague today's world, and people are seeking clarity and hope. By contesting long-held cultural paradigms, this book equips you to see how sexuality is rooted in the broader context of God's heart and His work for us on earth. It provides a framework from which to understand the big picture of sexual challenges and wholeness, and helps you recognize that every sexual question is ultimately a spiritual one. It shifts the paradigm from combating sexual problems to confidently proclaiming and modeling the road to sacred sexuality. Instead of arguing with the world about what's right and wrong about sexual choices, this practical resource equips you to share the love and grace of Jesus as you encounter the pain of sexual brokenness--your own or someone else's.

## **“SAFE: CREATING A CULTURE OF GRACE IN A CLIMATE OF SHAME” BY NICK STUMBO**

What if the church was a place where it was okay to not be okay? What if the church made people feel safe? What if, rather than avoiding the church and isolating in our pain and brokenness, we chose to be with others who would point us toward God?

Becoming a safe place will rarely happen by accident. It must be created by those who know the way; those who have walked a path of grace and know how to call others down that same road. *Safe: Creating a Culture of Grace in a Climate of Shame* provides the practical steps and tools needed to revive a passion for grace in the body of Christ.

## **THE CENTER FOR FAITH, SEXUALITY & GENDER: CENTERFORFAITH.COM**

The Center for Faith, Sexuality & Gender is a collaboration of Christian pastors, leaders, and theologians who aspire to be the Church's most trusted source of theologically sound teaching and practical guidance on questions related to sexuality and gender.